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| --- | --- | --- | --- | --- | --- | --- | --- |
| *­Grade-Level Emphasis* | *Nutrition and Physical Activity, Sleep* | *Growth, Development and Sexual Health* | | *Alcohol, Tobacco and Other Drugs* | *Stress, Mental Health & Time Management* | *Character, Values and Spiritual Health* | *Social, Cultural, and Family Health* |
| *Growth and Development* | *Healthy Relationships* |  |
| Kindergarten |  |  |  |  |  |  |  |
| Grade 1 |  |  |  |  |  |  |  |
| Grade 2 |  |  |  |  |  |  |  |
| Grade 3 |  |  |  |  |  |  |  |
| Grade 4 |  |  |  |  |  |  |  |
| Grade 5 |  |  |  |  |  |  |  |
| Grade 6 |  |  |  |  |  |  |  |
| Grade 7 |  |  |  |  |  |  |  |
| Grade 8 |  |  |  |  |  |  |  |
| Grade 9 |  |  |  |  |  |  |  |
| Grade 10 |  |  |  |  |  |  |  |
| Grade11 |  |  |  |  |  |  |  |
| Grade 12 |  |  |  |  |  |  |  |